



#### MADHAV UNIVERSITY, SIROHI, RAJASTHAN

#### **UN Sustainable Development Goals**



#### 17 Sustainable Development Goals

Aiming to "Transform the World," the United Nations introduced 17 Sustainable Development Goals (SDGs) to guide all nations toward building a healthier and progressive future for everyone on the planet.



#### Chairman's Message



#### Madhav University and the UN Sustainable Development Goals

The United Nations Sustainable Development Goals (SDGs) offer a global blueprint for peace, prosperity, and the protection of our planet. At Madhav University, we fully embrace this vision and are committed to driving positive change through inclusive education, social responsibility, and sustainable innovation.

Through the Madhav Centre for Sustainability Development (MCSD), we strive to implement these global goals at the grassroots level. Situated in the tribal heartland of Rajasthan, our mission goes beyond academic excellence—we aim to empower communities, promote good health and well-being, ensure quality education for all, and foster environmental sustainability. These goals are not just ideals; they are actions we integrate into every facet of university life.

Together, as educators, students, and changemakers, we stand united with the global community in building a more equitable, resilient, and sustainable future for everyone, everywhere.

Prof. (Dr.) Rajkumar Rana Chairman Madhav University

### Madhav Centre for Sustainability Development (MCSD) Sensitize, Sustain, Serve,

At Madhav University, located in the tribal heartland of Sirohi, Rajasthan, we believe that true education goes beyond classrooms—it must uplift communities and contribute to sustainable development. Guided by the core principles of the United Nations Sustainable Development Goals (SDGs) and rooted in the values of People, Planet, Prosperity, Peace, and Partnership, we have established the Madhav Centre for Sustainability Development (MCSD) as a dedicated platform for driving transformative change.

MCSD focuses on nine key SDGs that align closely with the university's mission: No Poverty, Zero Hunger, Good Health and Well-being, Quality Education, Gender Equality, Industry, Innovation, and Infrastructure, Reduced Inequalities, Climate Action, and Life on Land.

In our tribal and rural setting, Madhav University has made equity and accessibility central to its vision. We actively support Quality Education through scholarships and fee waivers for students from disadvantaged backgrounds, ensuring that financial limitations do not obstruct academic opportunity. For children with special needs enrolled in our Special Education School, we provide free transportation—recognizing the importance of inclusive infrastructure and support systems.

To address Good Health and Well-being, the university regularly conducts free health camps and awareness programs, focusing on preventive care, hygiene, mental health, and community wellness. These are complemented by rallies and community outreach efforts that advocate for better health and social inclusion.

Tackling Zero Hunger, we provide free meals once a week to support students who may face food insecurity, reinforcing our belief that no one should go hungry in the pursuit of learning. Our efforts also extend to raising awareness about nutrition and sustainable agriculture, especially relevant in our agrarian and tribal surroundings.

In our commitment to grassroots engagement, Madhav University has adopted six villages— Wada, Bharja, Bhujela, Kasindra, Amthala, and Achpura—where we conduct regular health camps, educational activities, and development programs to uplift and empower rural populations through sustained, community-driven initiatives.

Our environmental initiatives are rooted in action-oriented learning. Through tree plantation drives, ecoawareness programs, and campus sustainability efforts, we actively promote Climate Action and care for Life on Land. The campus itself is being developed with environmental consciousness, incorporating green practices that reflect our commitment to sustainability.

With the launch of MCSD, Madhav University has formally taken up the responsibility to integrate these nine SDGs into all aspects of university life. By doing so, we empower students to become not just learners, but leaders—ready to address real-world challenges with knowledge, empathy, and purpose.

At Madhav University, sustainability is not just an ideal—it is a continuous commitment to build a just, inclusive, and empowered future, especially for the marginalized and underserved communities we proudly serve.

#### Vision

To become a transformative hub for sustainable development through inclusive education, innovative research, and community-centered solutions, contributing meaningfully to the realization of the United Nations Sustainable Development Goals (SDGs) at local, national, and global levels.

#### Mission

The mission of the Madhav Center for Sustainability Development is to promote awareness, education, and action towards sustainable development through inclusive learning, research, and community engagement. The center aims to equip students, faculty, and communities with the knowledge and skills needed to support the United Nations Sustainable Development Goals (SDGs). By encouraging innovation, ethical values, and collaboration, the center strives to contribute to a healthier, more equitable, and environmentally responsible future for all.

**United Nations Goal No: 2** 

**Zero Hunger** 



Madhav University, through the Madhav Centre for Sustainability Development (MCSD), is steadfast in its commitment to ending hunger and ensuring food security for all, especially within the tribal and rural populations of Sirohi, Rajasthan. Recognizing the critical importance of nourishment in human development, MCSD actively works to eliminate hunger by combining direct food support with community-driven awareness and empowerment programs.

To fulfill the United Nations' Sustainable Development Goal of Zero Hunger, MCSD has undertaken several impactful initiatives:

- Free Ration Distribution during COVID-19: In response to the hardships caused by the COVID-19 pandemic, MCSD organized and distributed essential food rations to families in need in nearby villages, ensuring that no household in the surrounding villages went hungry during the crisis. This timely intervention helped maintain food security during a period of economic instability and health concerns.
- Free Food (Bhandara on Every Tuesday): MCSD organizes weekly Bhandaras on campus, serving free, nutritious meals to students, staff, and local community members. This initiative not only addresses immediate hunger but also fosters a spirit of community and care among participants.
- Awareness Programs for Farmers: MCSD conducts awareness sessions and training programs for local farmers, focusing on sustainable agriculture, food production, and nutrition. These sessions empower farmers with knowledge about efficient farming techniques, soil health, and organic practices enabling them to improve food yields and ensure long-term food security for their families and communities.

These targeted actions reflect Madhav University's belief that hunger is not just a matter of food shortage, but also of education, access, and community solidarity. Through MCSD's dedicated efforts, we strive to ensure that no one in our region is left behind in the fight against hunger, and that all individuals have the resources and support needed to live healthy, nourished lives.

Some of the reports are as under:

# SDGs 2. ZERO HUNGER

## 2023-24



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014) Activity Report

Name of the activity: Nutritional Awareness Medical Camp

**Organized by:** NSS Unit and Madhav Homoeopathic Medical College and Hospital, Madhav University

Date: 15/12/2023

Place of the activity: Swaroopganj village

No. of students participated: 29

No. of Teachers participated: 5

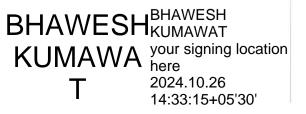
Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda, Dr. Komal Mewara

Activity objectives: The nutritional awareness medical camp is designed to promote understanding and appreciation of proper nutrition among participants. Through engaging activities, workshops, and demonstrations, the camp aims to impart knowledge about the importance of balanced diets, portion control, and essential nutrients. By addressing common nutritional deficiencies and offering practical strategies for healthier eating habits, the camp seeks to empower individuals to make informed choices for their well-being. Ultimately, the objective is to foster a culture of health consciousness and encourage positive dietary practices within the community.

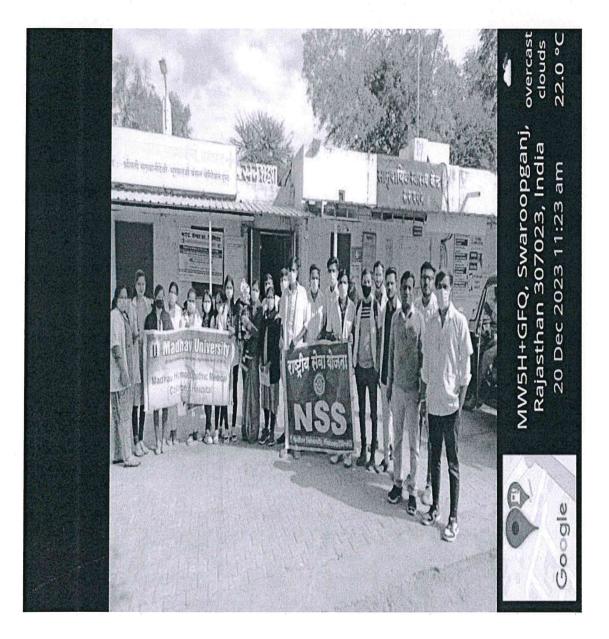
Activity Outcomes: The nutritional awareness medical camp is expected to yield several positive outcomes. Participants will leave with a heightened understanding of nutrition, including the importance of balanced diets and portion control. They will also gain practical knowledge about incorporating essential nutrients into their meals. By addressing common nutritional deficiencies, the camp aims to improve overall health outcomes within the community. Additionally, attendees will be equipped with tools and strategies to make informed dietary choices, leading to healthier lifestyles in the long term. Overall, the camp aims to empower individuals to take charge of their health through better nutrition practices.

Activity Coordinator





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity: An Awareness Program on National Nutrition Week

Organized by: NSS Unit 1 and 2, Faculty of Agriculture, Madhav University

Date: 05/09/2023

Place of the activity: Achapura Village

No. of students participated: 25

No. of Teachers participated: 3

Beneficiaries: Local Community

Activity Coordinator: Dr. Lakshmikant Sharma

Activity Objectives: The objectives of the awareness program were to educate participants on the importance of nutrition, promote healthy eating habits, and raise awareness of National Nutrition Week. The event aimed to provide practical knowledge on balanced diets and motivate attendees to incorporate better nutritional practices into their daily routines. Additionally, it sought to engage participants through interactive activities and recognize their efforts through a prize distribution ceremony.

Activity Outcomes: The awareness program successfully increased participants' knowledge of proper nutrition and healthy eating habits. Attendees showed a greater understanding of balanced diets and expressed motivation to improve their daily nutritional practices. The interactive activities, such as quizzes and contests, boosted engagement and reinforced key messages. The prize distribution further encouraged participation and enthusiasm, making the event both educational and rewarding.

Activity Co-ordinator

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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014



जागरूक टाइम्स संवाददाता पिण्डवाडा।माधव विश्वविद्यालय के कृषि विभाग की ओर से नेशनल न्यूट्रिशन सप्ताह का अवार्ड समारोह आयोजित किया गया। जिसमें सभी प्रतिभागियों को प्रमाण पत्र वितरित किए गए तथा प्रतियोगिता में विजेता रहे प्रतिभागियों को भी पुरस्कार वितरण किए गए। नेशनल न्यूट्रिशन सप्ताह 2024 के इस अवसर पर कॉलेज आफ एग्रीकल्चर के डीन डॉ वी आर पटेल ने बताया कि यह प्रोग्राम सभी ने बहुत अनुशासित रूप से आयोजित किया। सभी बच्चों ने इसमें बढ-चढकर हिस्सा लिया।

प्रोफेसर गीतमसिंह ने बताया कि ऐसे कार्यक्रम समय समय पर आयोजित होते रहने चाहिए। इसके बाद कई स्थानों का निरीक्षण भी किया गया। पशुपालन विभाग के डॉ लक्ष्मीकांत शर्मा ने बताया कि यह प्रोग्राम हमारे सभी बच्चों के लिए पोषण से संबंधित जानकारी को सीखने का एक मौका था जिसे हमारे सभी बच्चों ने सभी साथियों ने लाभ उठाया है और आगे भी हमारे सभी स्टूडेंट्स कायमों में भाग लेते रहेंगे। डॉ राजेश पांचाल, डॉ आनंद वांघेला, डॉ आलोक कुमार, डॉ चिराग सोलंकी, डॉ उमंग पटेल, डॉ शिखर देसाई, डॉ सीताराम सीरवी, कैलाश परिहार इत्यादि उपस्थित रहे।



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## 2022-23



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Activity Report**

Name of the activity : "Bhojan Suraksha - An awareness program on Soil Waste"

Organized by : NSS UNIT 1 & 2 & Faculty of Law & Faculty of Humanities and Social Sciences

Date: 13/07/2022

Place of the activity : Kiwarli Village

No. of students participated : 29

No. of Teachers participated : 6

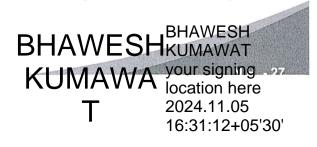
Beneficiaries : Local Community

Activity Coordinator : Dr. Devendra Muzalda, Dr. Jigar Joshi

Activity Objectives : The "Bhojan Suraksha - An Awareness Program on Soil Waste" aims to educate communities about the importance of proper soil waste management and its impact on environmental and public health. The program seeks to raise awareness about the consequences of soil contamination from improper waste disposal and promote practices that minimize waste and protect soil quality. It also aims to inform participants about sustainable waste management techniques, such as composting and recycling, and their benefits for soil health and food safety.

Activity Outcomes : The "Bhojan Suraksha - An Awareness Program on Soil Waste" aims to achieve several key outcomes. These include increased awareness and understanding of the issues related to soil waste, such as the environmental impact of improper waste disposal and its effects on soil health and food safety. The program seeks to promote sustainable waste management practices, encouraging communities to reduce, recycle, and properly dispose of waste. It also aims to foster better agricultural practices by highlighting the importance of maintaining healthy soil for food security.

Coordinator Activit





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



एनएसएस शिविर का आयोजन।

आबूरोड। माधव विश्वविद्यालय के राष्ट्रीय सेवा योजना शिविर के अंतर्गत कृषि कार्य संबंधित जागरूकता कार्यक्रम का आयोजन किया गया। कार्यक्रम के दौरान डॉ. जिगर जोशी ने काशइंदिरा ग्राम के माधव कृषि फार्म हाउस पर स्वयंसेवकों को निराई, गुड़ाई, बुवाई, जोताई आदि के कार्यों में कृषि संयंत्रों के बेहतर उपयोग के बारे में जानकारी प्रदान की। कृषि विभाग की विभागाध्यक्ष निरमा सीरवी ने फसलों को कीड़ों से बचाने के बेहतर उपाय बताए। एनएसएस इकाई 1 की प्रभारी संगीतासिंह ने स्वयंसेवकों को पर्यावरण के संतुलन में वृक्षों भी भूमिका के बारे में बताया। एनएसएस इकाई 2 के प्रभारी ऋषिकेश कुमार गौतम ने कार्यक्रम में अधिकाधिक संख्या में भागीदारी के लिए प्रेरित किया। इस अवसर पर एनएसएस निदेशक डॉ. देवेंद्र मुझाल्दा स्वयंसेवकों को अधिक से अधिक बेहतर तरीके से कृषि यंत्रों के उपयोग की जानकारी प्रदान की। इस मौके पर एनएसएस स्वयंसेक्कों सहित विवि के अन्य छात्र-छात्राएं उपस्थिति थे।

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### 2021-22

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Nourishfest: Food Distribution Drive

Organized by: NSS UNIT -1 & 2 and Faculty of Yoga and Naturopathy

Date of Activity: 24/9/2021

Place of the Activity: Nichalagarh

No. of Students Participated: 22

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** The objective is to support the people who lost their jobs/ source of income during the Covid-19 pandemic.

**Description:** The NSS team helped the homeless people by providing food to the people of the Swaroopganj village. The NSS programme officers and volunteers met the local councillor, leaders and arranged for the distribution of groceries and other food materials to these people. NSS team member were very happy by providing good quality and adequate quantity of food grains to the covid affected people.

**Outcomes of the Activity:** By donating food, we're feeding people, not landfills, supporting local communities, and saving all the resources that went into producing that food, from going to waste.

ordinator Dr. Vidushi Ameta









(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Report

Name of the Activity: Foodshare Drive: Sharing Nourishment, Spreading Hope

Organized by: NSS UNIT -1 & 2 and Faculty of Education

Date of Activity: 18/2/2020

Place of the Activity: Rohida

No. of Students Participated: 18

No. of Teacher Participated: 06

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** Spreading love through the goodness of food is one of the main objectives of this program

**Description:** Through this program we contribute to the ongoing battle against hunger and malnutrition, by making this tangible difference will create in the lives of individuals facing food insecurity. On 18<sup>th</sup> February our NSS Unit conducted a food sharing drive program. The programme was inaugurated by our Mr. Ramlal Meena. We arranged feast for all the children in the Rohida village. 18 volunteers were present for the function.

**Outcomes of the Activity:** By donating food, we're feeding people, not landfills, supporting local commUnit ies, and saving all the resources that went into producing that food, from going to waste.

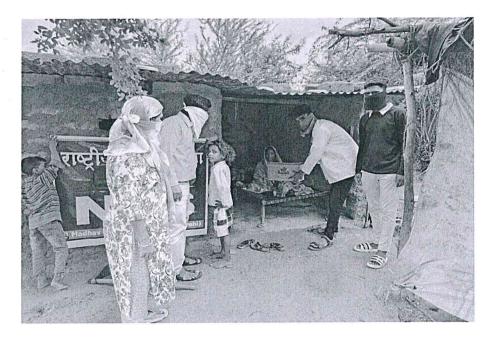
Coordinator

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# MADHAV UNIVERSITY, PINDWARA (SIROHI) (Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

Dr. Vidushi Ameta





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Report

Name of the Activity: Share-a-Meal Campaign: Fostering Community, Building Strength

Organized by: NSS UNIT -1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 26/3/2020

Place of the Activity: Vasa

No. of Students Participated: 19

No. of Teacher Participated: 04

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** Sharing a meal campaing helps your child learn about compromising, taking turns and negotiating.

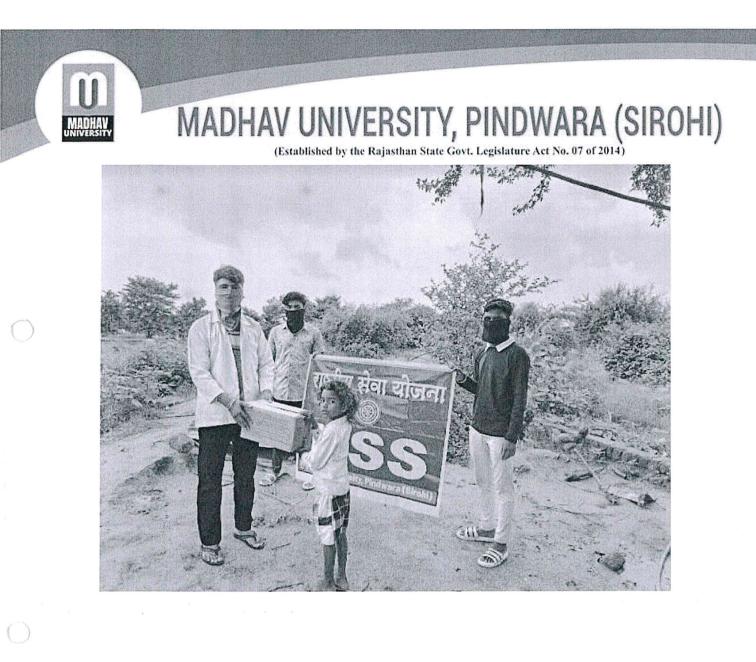
**Description:** Through this program students will builds trust among people sharing the same food. You can achieve decisions and consensus more quickly, you're more likely to respect each other, and it's easier to work together.

**Outcomes of the Activity:** Learning to share is important for making and keeping friends and playing well with other student.

Coordinator

Devendra Muzalda

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## 2020-21



(Established by the Rajasthan State Govt. Leg

#### Report

Name of the Activity: Together Against Hunger: Community Food Security Campaign

Organized by: NSS UNIT 1 & 2 & Faculty of Law & Faculty of Humanities and Social Sciences

Date of Activity: 7/1/2021

Place of the Activity: Amthala village

No. of Students Participated: 32

No. of Teacher Participated: 07

Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushi Ameta

**Purpose of the Activity:** The main objectives of this program is to Spreading love through the goodness of food

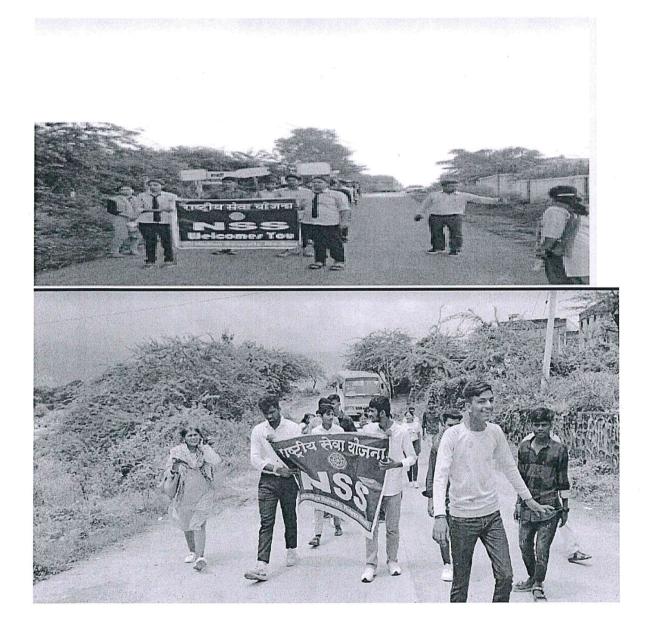
Description: Through this program we contribute to the ongoing battle against hunger and malnutrition, by making this tangible difference will create in the lives of individuals facing food insecurity. Several volunteers served the society by either donating food, sanitizers and by providing essentials to the needy during the lockdown. As part of NSS activities for program on "Community Food Security Campaign." On 7th Jauary 2021, the food Packets were distributed at amthala village. The inauguration was done by village sarpanch.

Outcomes of the Activity: By donating food, we're feeding people, not landfills, supporting local communities, and saving all the resources that went into producing that food, from going to

waste. oordinator Activity Dr. Vidushi Ameta



# MADHAV UNIVERSITY, PINDWARA (SIROHI) (Established by the Rajasthan State Govt, Legislature Act No. 07 of 2014)





#### MADHAV UNIVERSITY, PINDWARA (SIROHI) (Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Report

Name of the Activity: Kindness Awakening Drive: Food Distribution Drive for Covid Sufferers

Organized by: NSS UNIT 1 & 2 Faculty of Physiotherapy

Date of Activity: 10/2/2021

Place of the Activity: Amthala village.

No. of Students Participated: 36

No. of Teacher Participated: 05

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

**Purpose of the Activity:** The objective is to support the people who lost their jobs/ source of income during the Covid-19 pandemic.

**Description:** The NSS team helped the homeless people by providing food to the people of the Swaroopganj village. NSS team member were very happy by providing good quality and adequate quantity of food grains to the covid affected people. The NSS programme officers and volunteers met the local councillor, leaders and arranged for the distribution of groceries and other food materials to these people.

**Outcomes of the Activity:** By donating food, we're feeding people, not landfills, supporting local communities, and saving all the resources that went into producing that food, from going to

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#### MADHAV UNIVERSITY, PINDWARA (SIROHI) (Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



## 2019-20



(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Awareness Program on Nutrition

Organized by: NSS UNIT-1 & 2 and Madhav Homoeopathic Medical College and Hospital

**Date of Activity: 22/6/2019** 

Place of the Activity: Abu road

No. of Students Participated: 20

No. of Teacher Participated: 05

Beneficiaries: Local Community

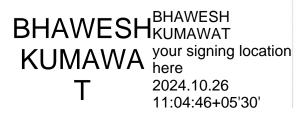
Activity Coordinator : Dr. Vidushee Ameta

**Purpose of the Activity:** To empower individuals with the knowledge and skills necessary to make healthier food choices, manage their resources efficiently, and thereby reduce the prevalence of malnutrition.

**Description:** To decrease the rates of childhood malnutrition through nutrition education initiatives in schools and communities.

**Outcomes of the Activity:** Create awareness in the community with respect to healthy eating and well-being.

Activity Coordinator Dr. Vidushee Ameta





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### AWARENESS RALLY ON MALNUTRITION BY STUDENTS AND FACULTY OF MADHAV UNIVERSITY IN TALHATI, ABU ROAD



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#### **Report**

Name of the Activity: Awareness Program on Malnutrition Problem

Organized by: NSS UNIT-1 & 2 and Madhav Homoeopathic Medical College and Hospital

Date of Activity: 26/6/2019

Place of the Activity: Achpura Village

No. of Students Participated: 22

No. of Teacher Participated: 5

Beneficiaries: Local Community

Activity Coordinator: Dr. Devendra Muzalda

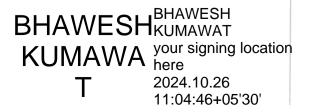
**Purpose of the Activity:** This program will raise awareness of malnutrition and its adverse impact on individuals including the health care costs.

**Description:** Undernutrition is common in rural areas, mainly due to the low social and economic status of the inhabitants.

**Outcomes of the Activity:** A total of 53 students and 29 villagers were informed the nutritional health management steps to achieve optimal nutritional status and to maintain this throughout life.

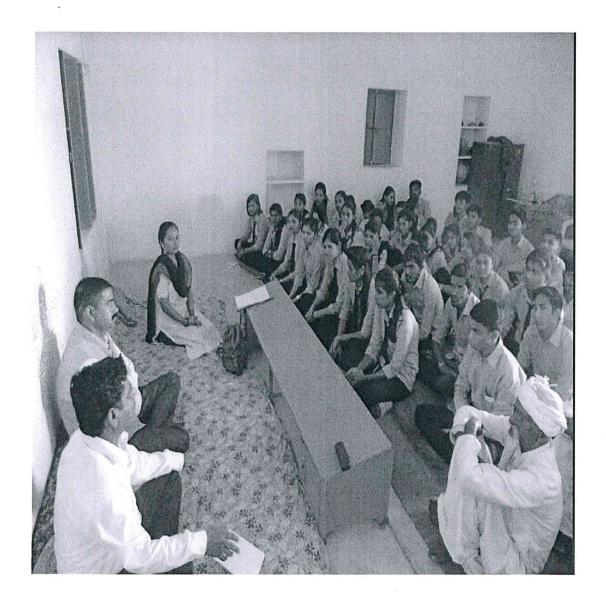
Activity Coordinator

Dr. Devendra Muzalda





(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)



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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Awareness Program on Health Nutrition
Organized by: NSS UNIT-1 & 2 and Faculty of Education
Date of Activity: 1/07/2019
Place of the Activity: Nichlagarh Village
No. of Students Participated: 22
No. of Teacher Participated: 05
Beneficiaries: Local Community
Activity Coordinator: Dr. Vidushee Ameta
Purpose of the Activity: This program will decrease the rates

**Purpose of the Activity:** This program will decrease the rates of childhood malnutrition through nutrition education initiatives in schools and communities

**Description:** The purpose is to teach the nutritional health management to achieve optimal nutritional status and to maintain this throughout life.

**Outcomes of the Activity:** This was a step towards a collaborative strategy of the program, the nation can work towards significantly reducing malnutrition, unlocking the full potential of its people and fostering a healthier, more prosperous future.

**Activity Coordinator** 

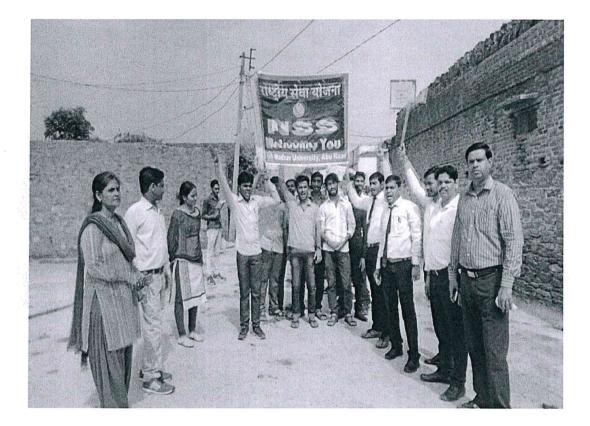
Dr. Vidushee Ameta

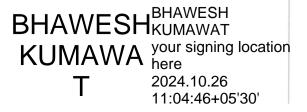
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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### STUDENTS AND FACULTY MEMBERS SPREADING AWARENESS ABOUT MALNUTRITION IN NICHLAGARH VILLAGE







(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### Report

Name of the Activity: Awareness on Fitness and Malnutrition Challenges
Organized by: NSS UNIT-1 & 2 and Faculty of Pharmacy
Date of Activity: 11/11/2019
Place of the Activity: Nichlagarh Village
No. of Students Participated: 25
No. of Teacher Participated: 05
Beneficiaries: Local Community

Activity Co-Ordinator: Mrs. Sangeeta Singh

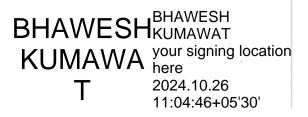
**Purpose of the Activity:** The goal of nutrition education is to reinforce specific nutritionrelated practices or behaviors to change habits that contribute to poor health

**Description:** We will provide information regarding the causes of malnutrition. We will identify incident and degree of malnutrition in children in urban slums.

**Outcomes of the Activity:** The students were made aware about the importance of balanced diet & nutrition for children's growth & health.

Activity Coordinator

Mrs. Sangeeta Singh

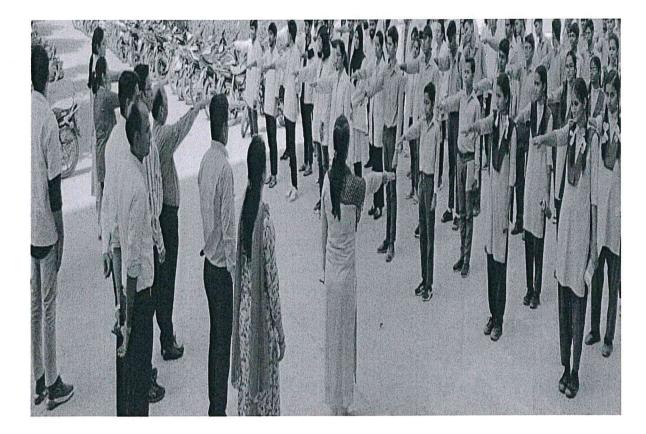




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# MADHAV UNIVERSITY, PINDWARA (SIROHI)

(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)







# (Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

Name of the Activity: Feeding Hope: A Mission to Provide Food to the Roadside Community

Organized by: NSS UNIT-1 & 2 and Faculty of Physical Education

Date of Activity: 7/2/2020

Place of the Activity: Bhimana Village

No. of Students Participated: 24

No. of Teacher Participated: 03

**Beneficiaries:** Local Community

Activity Coordinator: Dr. Vidushee Ameta

**Purpose of the Activity**: Spreading love through the goodness of food is one of the main objectives of this program

Description: Through this program we contribute to the ongoing battle against hunger and malnutrition, by making this tangible difference will create in the lives of individuals facing food insecurity.

Outcomes of the Activity: By donating food, we're feeding people, not landfills, supporting local communities, and saving all the resources that went into producing that food, from going to waste.

> **Activity Coordinator** Dr. Vidushee Ameta

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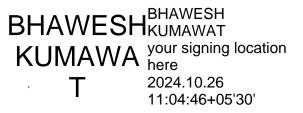
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(Established by the Rajasthan State Govt. Legislature Act No. 07 of 2014)

#### **Report**

Name of the Activity: Nutrient Odyssey: Enhancing Health through Rich Food Choices Organized by: NSS UNIT-1 & 2 and Faculty of Agricultural Sciences Date of Activity: 21/2/2020 Place of the Activity: Mawal No. of Students Participated: 21 No. of Teacher Participated: 06 Beneficiaries: Local Community

Activity Coordinator: Dr. Vidushee Ameta

**Purpose of the Activity:** This program is based on Healthy eating habits that can be maintained among the family for life should be encouraged.

**Description:** Nutrition is a critical part of health and development. Better nutrition is related to improved infant, child and maternal health, stronger immune systems, safer pregnancy and childbirth, lower risk of non-communicable diseases (such as diabetes )

**Outcomes of the Activity:** The goal of nutrition education is to reinforce specific nutritionrelated practices or behaviours to change habits that contribute to poor health. All the participants took shapath to take better nutrition and avoid junk and other.

**Activity Coordinator** Dr. Vidushee Ameta

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